

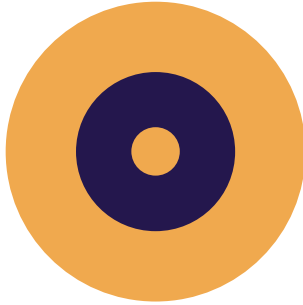


Vermilion and District  
Chamber of Commerce

Government of Alberta ■  
Employment and Immigration



TD Canada Trust



### Contact Information

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Chamber of Commerce

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4606-52 Street  
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(across from Kentucky Fried Chicken)



## Speaker's Biography

**Valerie Cade** has earned worldwide acclaim as a professional speaker and business consultant and is the author of "Bully Free at Work", currently distributed in over 100 countries world-wide.

In the past 15 years, Valerie has led hundreds of sessions throughout North America, Europe, China and Russia, combining relevant, humorous and heartfelt approach with business acumen.

As CEO of one of Canada's largest training companies, Valerie helped turn a near bankrupt company into a profitable success. In addition, her work to create inspired workplaces, where people can raise satisfaction levels at hospitals, health care agencies, credit unions, universities and other businesses to over 80 – 90 percent sustained.

Valerie feels the "old" motivational approach is not applicable for audiences that are "in the know". Today's challenge is not necessarily acquiring more information. Today's challenge is to be inspired to take action and use the information. Valerie's unique combination of experience, humour and enthusiasm is a proven winning formula to meet audiences exactly where they are at, and inspire them to be world class in all that they do!

**For more information visit**  
[www.bullyfreetatwork.com](http://www.bullyfreetatwork.com) or  
[www.performancecurve.com](http://www.performancecurve.com)



# Bully free

**at work & how to build  
trust with people you  
don't understand,  
don't connect with,  
but still have  
to work with**

**Wednesday, May 5, 2010**  
**8:30 am to 4 pm**  
**Vermilion Regional Centre**  
**5702 College Drive**

A Partnership Venture  
In conjunction with  
Alberta Employment and Immigration,  
Lakeland College,  
Canada Trust and Community Futures

# Bully free

## WHAT is it about?

This is a one day conference designed to help create a respectful culture – at home, at school, at work and in the community.

The session provides participants with awareness, hope and strategies to help stop workplace bullying at the personal and organizational levels. It restores hope and gives inspiration to create a respectful workplace with sustainability.

The second topic provides participants with the tools to be able to “work through anything with anyone!”

## WHO is it for?

Anyone who wants to make a difference.

## WHY employers get involved?

Participants will have the knowledge to create a Bully Free at Work policy and learn how to create the buy-in and the protection of employees.

## Schedule

Registration	8:30 to 8:50 am
Introduction	8:50 to 9 am
Program	9 am to 4 pm

Includes coffee breaks and lunch.  
Dress: Business casual (no blue jeans)

This exclusive one-day workshop provides participants with a forum to brainstorm, interact and strategize with like-minded individuals.

## Topics include:

“Bully Free At Work  
Yes! You Can Stop Workplace Bullying”

Learn what is workplace bullying, what motivates a bully, types of workplace bullies, how to recognize behaviours and common bullying tactics.

Gain the knowledge to create a Bully-Free at Work policy and how to create the buy-in.

“How to Build Trust with People You Don’t Understand, Don’t Connect With, But Have To Work With”

Be able to identify a difficult situation at work and develop “Here’s what I can do” plan of action.

Learn that while it is often natural to take things personally, it is not productive. Gain the knowledge and skills to handle things in an appropriate manner.

## 2nd Annual Women’s Conference Registration Form

\_\_\_\_\_  
Name

\_\_\_\_\_  
Company

\_\_\_\_\_  
Address

\_\_\_\_\_  
Telephone/Cell

\_\_\_\_\_  
Email

## Registration Fee

\$50 Early bird registration fee  
(before April 20)

\$75 Registration after April 20

\$25 for Student (ID card required)

Please check one:

- Individual  Student  
 Corporate (10% discount for table of 5)

## Payment Options

- Cash  
Bring payment to the Chamber Office  
 Cheque  
Make payable to Vermilion & District  
Chamber of Commerce  
 Invoice (Provide information for billing)

\_\_\_\_\_  
Company

\_\_\_\_\_  
Contact name

\_\_\_\_\_  
Address

make a  
difference!

Cancellations after  
April 20 will not be eligible for a refund.

